

MIDWEST GYMNASTICS

Spring - 2017 Schedule - April 23rd - June 17th - 8 Weeks

Program	Class Name	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Price/Session	Sean	Nate		
Preschool Classes	Parent Tykes (18 months to 3 Yrs) (Parent involved class)	10:00-10:45 5:30-6:15	10:45-11:30 6:00-6:45	9:15-10:00 10:00-10:45	10:00-10:45 6:15-7:00		10:00-10:45 11:15-12:00	\$139 Per Session	Jon	Andrea		
		9:15-10:00	9:15-10:00 2:00-2:45	9:15-10:00 10:00-10:45 10:45-11:30 2:00-2:45 3:00-3:45	10:45-11:30 4:45-5:30	4:15-5:00 5:00-5:45 5:45-6:30	9:00-9:45 10:45-11:30		\$139 Per Session	Athena	Crystal	
	Mighty Tykes 3 (3 Yr Olds)	5:15-6:00 6:15-7:00	5:00-5:45	5:15-6:00 6:45-7:30	5:15-6:00 6:45-7:30					Bailey	Crystal	
		10:45-11:30 4:45-5:30 6:00-6:45 6:45-7:30	9:15-10:00 10:00-10:45 2:00-2:45 5:45-6:30	9:15-10:00 10:00-10:45 10:45-11:30 2:00-2:45 3:00-3:45 6:00-6:45	9:15-10:00 10:00-10:45 10:45-11:30 2:00-2:45 3:00-3:45 6:00-6:45	9:15-10:00 5:30-6:15	4:15-5:00 5:00-5:45 5:45-6:30	9:15-10:00 9:45-10:30 10:30-11:15	\$139 Per Session	Amy		
			6:45-7:30	6:45-7:30	6:00-6:45							
	Girls Classes	Shooting Stars Lvl-1 (Kindergarten & Up)	4:00-5:00 5:00-6:00 5:15-6:15 6:00-7:00 6:00-7:00 7:00-8:00	4:00-5:00 4:30-5:30 5:30-6:30 7:15-8:15	4:15-5:15 4:30-5:30 5:00-6:00 6:00-7:00 7:00-8:00 7:30-8:30	5:00-6:00 6:00-7:00 6:00-7:00	4:00-5:00 5:00-6:00 5:00-6:00	9:00-10:00 10:30-11:30 11:30-12:30	\$151 Per Session	Matt	Emily	
			4:00-5:00 5:00-6:00 6:15-7:15 7:00-8:00	4:30-5:30 5:30-6:30 6:30-7:30 7:30-8:30	6:00-7:00 6:30-7:30 7:00-8:00 7:30-8:30	5:00-6:00 6:00-7:00 7:00-8:00	4:00-5:00 5:00-6:00 6:00-7:00 7:00-8:00	9:30-10:30 10:00-11:00 11:30-12:30		\$151 Per Session	Holly	Abby
			5:00-6:30 6:30-8:00 7:15-8:45	5:00-6:30 6:30-8:00	5:00-6:30 5:30-7:00 7:00-8:30	7:00-8:30	5:00-6:30	11:00-12:30		\$189 Per Session	Tristin	Brittany
			4:30-6:30 6:30-8:30	5:00-7:00 6:30-8:30	6:30-8:30 7:00-8:30	4:30-6:30	6:30-8:30			\$231 Per Session	Amanda	Ally
Sparklers Lvl-4 (Kindergarten and Up)		6:30-8:30	6:30-8:30	6:30-8:30	4:30-6:30	6:30-8:30		\$231 Per Session	Ryan	Sarah		
Kippers Lvl-5 (Kindergarten and Up)				6:30-8:30	6:30-8:30	6:30-8:30		\$231 Per Session				
Flippers Lvl-6 (Kindergarten and Up)		7:00-9:00	7:00-9:00		7:00-9:00		1:00-3:00	\$231 Per Session	Jason	Kristin D.		
Boys Classes		Ironmen Lvl-1 (Kindergarten and Up)	5:00-6:00 6:15-7:15	5:00-6:00 6:15-7:15	5:15-6:15 7:15-8:15	6:15-7:15 7:15-8:15	6:30-7:30	9:15-10:15 10:15-11:15 11:15-12:15	\$151 Per Session			
		Ring Masters Lvl-2 (Kindergarten and Up)	6:00-7:00	5:15-6:15	6:15-7:15 7:15-8:15	5:15-6:15 7:15-8:15	7:30-8:30	10:15-11:15 11:15-12:15	\$151 Per Session			
		Gym Maniacs Lvl-3 (Kindergarten and Up)	7:00-8:30	6:00-7:30					\$189 Per Session			
Specialized	Tramp & Tumbling Beginner Lvl-1 (Ages 7 & Up)		7:15-8:15	5:30-6:30	5:30-6:30	6:00-7:00	1:00-2:00	\$151 Per Session				
	Tramp & Tumbling Advanced Lvl-2 (Ages 11 & Up)		4:00-5:00 7:30-8:30	5:30-6:30	4:30-5:30 6:30-7:30	7:00-8:00	1:00-2:00	\$151 Per Session				
	Parkour (Ages 12 & up*)			7:00-8:00	7:30-8:30		2:00-3:00	\$151 Per Session				
	High School PREP (6th Grade & up)	7:00-9:00	7:00-9:00		7:00-9:00		1:00-3:00	\$231 Per Session				
	Advanced High School (Varsity Level)	Starts week of March 20th - \$162 for 5 weeks			6:00-8:30		1:00-3:30	\$259 Per Session				
Unstructured Open Class**	Toddler/Preschool Times (5 yrs & under, escorted by parent)	11:30-12:30pm			11:30-12:30pm			\$7 If Registered \$9 If Guest				
	School Age Times (Kindergarten-12 Years)	11:30-1:00pm			11:30-1:00pm			\$10 If Registered \$13 If Guest				
	Teen / Team Times (13-19 Years & Team Members)	11:30-1:00pm		8:00-9:30pm	11:30-1:00pm	8:00-9:30pm		\$10 If Registered \$13 If Guest				
	Adult Times (18 Years & Up)	11:30-1:00pm		8:00-9:30pm	11:30-1:00pm	8:00-9:30pm		\$13 Per Visit				

PLEASE NOTE: Classes may close due to low enrollment. Class times are subject to change. Please check online for current schedule.

*If you are under the age of 12, but interested in parkour please do a trial in the Tramp and Tumbling class to see if they are ready for the Parkour class.

**Unstructured Open Class is a great time to come use the equipment WITHOUT instruction. The coach will be there to supervise, but not to set up stations or offer assistance.

Updated on:
4/3/2017